



Preston & Wingham Primary Schools Federation



**Learning together, we grow kind hearts
and healthy minds.**

Statement of Intent for PSHE

Intent

Why do we teach this?

We teach PSHE to promote the moral, cultural, mental and physical development of pupils. Through the teaching of PSHE we are preparing our pupils for the many opportunities, responsibilities and experiences that they will encounter in later life. PSHE supports our pupils to achieve their potential by supporting their wellbeing and developing skills such as teamwork, communication and resilience which are all fundamental to navigating their way through the challenges and opportunities of living a confident, independent and healthy life in the modern world.

Implementation

What do we teach and how?

At Preston and Wingham we follow Heartsmart which is a progressively planned programme that provides children with the relevant learning experiences that will help them to develop positive relationships with others and themselves. It is taught weekly at a set time for all classes. The programme has been adopted to fit the federation's RSE policy and used in partnership with the PSHE association to ensure all aspects of the curriculum are taught in depth and accurately.

Impact

What will this look like?

The knowledge and skills that pupils acquire through the teaching of PSHE have a positive impact on their wellbeing, mental, emotional and physical health and academic attainment. They will be able to apply their learning in all aspects of their daily lives from dealing with friendship issues, to resilience to making healthy choices to knowing when and where to get help when they need it, all whilst preparing them for secondary education and beyond as they enter the work place in the modern world.

Respect Inclusive Creative Hardworking