



Preston Primary School

Respect Inclusive Creative Hardworking

Mill Lane, Preston, Nr Canterbury, Kent, CT3 1HB

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www.prestonprimary.org.uk

Mrs H Clements BA Ed (Hons) NPQH Head of School & Executive Headteacher



2nd October 2026

Dear Parents

Next week we will be celebrating 'Kindness Week' and to celebrate this we will be setting a challenge for the children. They will bring home a sheet that contains '5 Acts of Kindness' one for each day of the week, they will (hopefully) meet the target for the day and you will need to tick and say it has been completed. The following Monday the children can bring their completed challenge sheet back to school and it will be entered into a prize draw. Although it is a bit of a challenge for them what will be really lovely is all the acts of kindness that will be shown, received and noticed throughout the week. I will also be creating a Kindness Tree Display in the office area. Also next week, on Thursday 9th October we will be having a 'Yellow Day'. Each year we have supported the charity Young Minds.

<https://www.youngminds.org.uk/> The UK's leading charity dedicated to the mental health and emotional well-being of children and young people. This year we have a fundraising page on the Young Minds website where we have a target of £200 to reach. To donate please use the link below-

<https://fundraise.youngminds.org.uk/fundraisers/helenclements/hello-yellow>

On the Thursday the children can come dressed in something yellow, this can be their PE T-shirt if you don't have anything else. In the afternoon the children will be doing an art activity to create something wonderful for the school office. In past years the children have enjoyed doodling- so at lunchtime there will be doodling stations around the playground for them to sit at and relax whilst doodling.

There will be a competition for children to enter which will come home on Friday if they wish to enter.



Preston & Wingham Primary Schools Federation



**Learning together, we grow kind hearts
and healthy minds.**



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As my newsletter is about kindness, I just wanted to say a huge thank you for all your donations last week for the Deal Food Bank- we choose to donate to that food bank as they support many families and Preston is included in their area. The food bank visited us for assembly and told the children why the food was important and how they, and you, will make a difference to someone.

We just wanted to send you a heartfelt thank you for your support of our Harvest campaign. Your fantastic donation of 153.05kg will help us to support local people and families in our community in the coming months. We are currently helping over 1,000 people each month and we would not be able to continue to offer this without the fantastic support of superstars like yourselves. Please pass on our sincere thanks to your staff, children and their families for their amazing donations.

Many thanks from the whole team at Deal Foodbank.

I just wanted to congratulate Henry Douglas and Shiloh Johnston for being elected this year's Head boy and girl. They both have assembled a team of school ambassadors that will create a plan for the year of events and fundraising opportunities. I look forward to the exciting times ahead. I also wanted to say how proud I was of all the candidates who put themselves forward. Their speeches and presentations their passion and enthusiasm did not go unnoticed and they are all stars.

Once again thank you for your support in advance with the kindness challenge and donations. We are always very appreciative.

Kindest of regards

Mrs Clements



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